



How to use your AI Consultant From Michael Thomas Ai Consultant.

STEP 1: You Must Have a GPT Account

To use me consistently and save your learning progress:

- Go to <https://chat.openai.com>
 - Sign up or log in to your free or premium ChatGPT account
 - This ensures your conversations with me are saved and you can continue learning over time
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STEP 2: Access Me Through the Training Portal

Inside your **Freight University** or **LFS Developmental Program** training portal, click the direct link that opens *me*—your personal AI logistics consultant.


- This link ensures you're talking to the *right* GPT version (Michael Thomas)
 - Bookmark it for easy access daily
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STEP 3: Keep the Conversation Going

The more you interact with me, the smarter I get about your goals.

To stay organized:

- Ask questions like, “*What’s my next step in dispatching?*” or “*Remind me what I learned last week about freight lanes.*”
- I can summarize, guide, and even quiz you on what you've learned.

 **Pro Tip:** Always talk to me in the *same thread*—so I remember your progress and guide you forward.

STEP 4: Save a Word Doc for Knowledge & Strategy

To track your growth:

- Open a Word document or Google Doc and call it: *My Logistics Business Blueprint*

- Copy key answers I give you, notes, to-do lists, and personal strategies into it
 - Think of it as your personal logistics business journal
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STEP 5: Upload Your Doc to Me for Progress Review

Whenever you want to remind me of your current goals, business idea, or previous lessons:

- Upload your saved Word document right into this GPT
 - I will read it, remember it, and adjust your learning path accordingly
 - Example: *“Michael, here’s my blueprint doc. Please review and tell me what my next steps should be.”*
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Bonus Tip: You Can Upload Freight PDFs, Invoices, Load Board Screenshots & More

I can interpret:

- FMCSA docs
- Freight broker forms
- IRP registration help
- Truck buying specs
- Business ideas and plans

Just upload, and ask me: *“Break this down for me.”*
